

## CBHS THERAPY IMPACT ASSESSMENT

### Guidelines for Use

- A. OVERVIEW:** The *Therapy Impact Assessment* is a tool created by Compass to help track individual therapy outcomes for CBHS clients and evaluate the overall impact of CBHS therapy services on homeless families.
- B. TYPE OF ASSESSMENT:**
- ⇒ Therapist reported outcomes
  - ⇒ Non-validated
  - ⇒ Compass-created
- C. CBHS OUTCOMES MEASURED:**
- **Access & Engagement:** Client establishes individualized, concrete, achievable goals and shows progress towards meeting goals
  - **Relationships:** Client has improved family cohesion and wellbeing
  - **Internal Stability:** Client develops their own “toolkit”/ to reduce or manage symptoms and has increased resiliency and ability to manage stress
- D. QUESTIONS & SCALE:** The assessment consists of three questions each with a 4-point scale.
- ⇒ “4” represents the highest score or the most progress made in a particular area and “1” represents the lowest score or no progress made.
  - ⇒ The therapist will provide their individual assessment of the client’s progress in each area based on their experience working with the client.

*Indicate your assessment of the client's progress at the time of exit in the following three areas:*

- **Q1: Meeting therapy goals:**
  - 4 - Significant progress made
  - 3 - Moderate progress made
  - 2 - Minimal progress made
  - 1 - No progress made
- **Q2: Strengthening and maintaining positive relationships:**
  - 4 - Significant progress made
  - 3 - Moderate progress made
  - 2 - Minimal progress made
  - 1 - No progress made
- **Q3: Developing tools/skills to manage symptoms:**
  - 4 - Significant progress made
  - 3 - Moderate progress made
  - 2 - Minimal progress made
  - 1 - No progress made

- E. ADMINISTERING THE ASSESSMENT:**
- Completed by the therapist **at EXIT** for ALL clients who received 1+ therapy sessions.
  - Complete only ONE Therapy Impact Assessment per case record.

## F. ENTERING THE ASSESSMENT INTO CODA:

### ⇒ Open a new Therapy Intake Assessment

- This process is the same as creating any other client assessment (e.g. WHOQOL, GAF, etc.).
- Navigate to the “Assessment” link and click new.
- You will have several options – select “Therapy Impact Assessment” and click NEXT.

The screenshot shows the 'New Assessment' form. At the top, there are navigation links: 'Assessment (4)', 'Housing Tracker (4)', and 'Income & Non-Cash Benefits (0)'. The 'Assessment (4)' link is circled in blue. A blue arrow points from this link to the 'New' button. Another blue arrow points from the 'New' button to the 'Therapy Impact Assessment' radio button, which is selected. The form includes options for GAF, New FAM 2019, PFS, WHOQOL, and Well-Being Assessment. 'Cancel' and 'Next' buttons are at the bottom.

### ⇒ Confirm Assessment Date

- The Case Record name and Assessment Date will automatically populate in the record.
- The Assessment Date will default to the date the record is created. If needed, **click on the calendar icon to change the date to match the EXIT DATE on the case record.**

### New Assessment: Therapy Impact Assessment

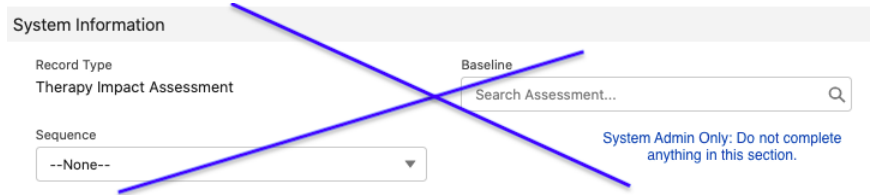
The screenshot shows the 'Case details' section of the 'New Assessment: Therapy Impact Assessment' form. The 'Case Record' field shows 'Joey Ramone TEST CBHS 3/2022 Case Record'. The 'Assessment Date' field shows '11/2/2022'. A blue box highlights the calendar icon next to the date field, with a blue arrow pointing to it and a text box saying 'Change to match EXIT DATE'.

### ⇒ Provide a rating for each of the three assessment questions

- Hover over the **i** icon to see details of each assessment question.
- Click on the down arrow below each assessment question to select a rating.
- ALL questions must have a rating, otherwise you won't be able to save the record.

The screenshot shows the 'Assessment Questions' section of the 'New Assessment: Therapy Impact Assessment' form. The 'CBHS\_TIA\_Q1' question is selected, and a dropdown menu is open showing the rating options: '--None--', '4 - Significant progress made', '3 - Moderate progress made', '2 - Minimal progress made', and '1 - No progress made'. A blue box highlights the 'i' icon next to the question, with a blue arrow pointing to it and a text box saying 'Client has made progress towards therapy goals?'.

- You should NOT enter any information in the *System Information* section at the bottom of the record.



⇒ **Save the record**

- After you've scored each question, hit save.
- Once saved, you will see the completed assessment at the top of the CBHS case record.

Related List Quick Links

Case Record History (10+) Service Entries (8) Progress Notes (8) Files (9) Assessment (5)

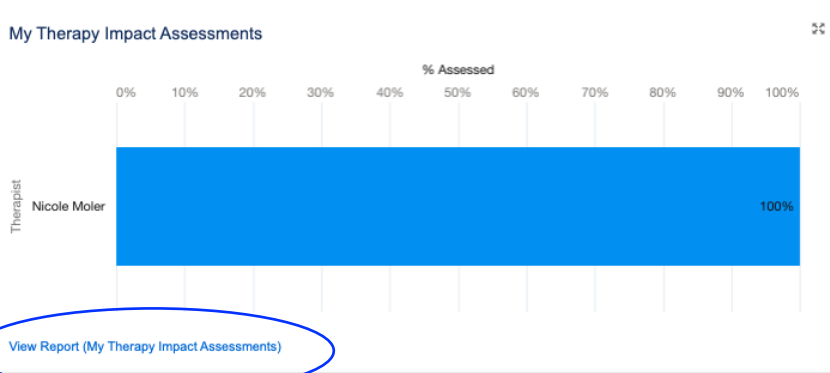
**Assessment**

items • Sorted by Assessment # • Updated a few seconds ago

| Assessment # ↓      | Record Type               | Sequence | Client | Assessment Date |
|---------------------|---------------------------|----------|--------|-----------------|
| 1 Assessment -38530 | Therapy Impact Assessment | Baseline |        | 11/2/2022       |

**G. KEEPING TRACK:** how do you ensure that you have completed *Therapy Impact Assessments* for all of your exited clients?

- Visit the [CBHS Therapist Dashboard](#) and scroll down to find the *My Therapy Impact Assessments* chart.
- You will see your name and the percentage of completed assessments for exited clients.
- If the percentage is less than 100%, it means one or more assessments are missing. Click on the [My Therapy Impact Assessments link](#) to see which cases are missing assessments.



| Therapist ↑  | Case Record: Case Name ↑                 | Case Records<br>All Active Cases | Case Records with Assessment<br>Exited Clients w/Assessments | % Assessed |
|--------------|--|----------------------------------|--|------------|
| Nicole Moler | Joey Ramone TEST CBHS 3/2022 Case Record | 1                                | -  | 0%         |
|              | <b>Subtotal</b>                          | 1                                |  | 0%         |
| <b>Total</b> |  | 1                                |  |            |

If the client has 0% by their name, it means they are missing an assessment.

## H. IMPORTANT REMINDER!

- The Therapy Impact Assessment replaces the “Impact of Therapy” field on the case record. You will NO longer use this field and will not see it on the CBHS case record.

The screenshot shows a form with a section titled "Exit Details". It contains two rows: "Exit Date" and "Exit Reason". The "Impact of Therapy" field, which contains the text "Significant positive impact/treatment goals reached", is circled in blue. A blue arrow points from the text "The Therapy Impact Assessment is replacing this field" to the circled field.

| Exit Details |  |
|--------------|--|
| Exit Date    | Impact of Therapy<br>Significant positive impact/treatment goals reached |
| Exit Reason  |  |